



## Feel the LOV Fund Scholarship Application

### How are these services funded?

It is my personal mission through LOV Yoga to dedicate a portion of earnings toward seva (service). 11% of proceeds from regular services go toward the Feel the LOV Fund so cancer survivors can receive free or discounted services. Some funding also comes from grants and donors.

### Requirements

- Perspective clients are currently undergoing treatment OR less than 2 years out of treatment (exceptions made if the client is on disability, ongoing therapies or not working post treatment due to lingering side effects)
- **Perspective client agrees to the following terms:**
  - Complete Scholarship Application in full and submit to [tara@lov.yoga](mailto:tara@lov.yoga)
  - Payment
    - Every client must pay something for services. If \$5 per session is truly all you can afford, that's okay. The monetary "buy-in" creates accountability and encourages each client to contemplate the value of this service and also encourages a deeper level of commitment. *Remember, there is much generosity provided in order to provide these sessions at such a discounted rate. The more each client can pay, the more people Lov Yoga can serve :)*
  - Commitment
    - It is important to be present physically, mentally and emotionally for each session. Even if the client is feeling tired, ill etc, yoga therapy can help. Gentle modifications can be made to meet the client where they are at.
    - Sometimes things come up (like doctor's appointments, emergencies etc) 24 hour notice is required to reschedule otherwise the session is deducted from the overall total the client is able to receive (and the monetary amount committed is still paid in full). Not feeling well at the last minute is not a good excuse to miss a session (see above).
    - There will be some hOMework between sessions. Yoga Therapy is a process that requires practice of the techniques taught in order to be effective. The hOMework is created and agreed upon between the therapist and client to meet body, mind and soul needs and goals.
    - Client agrees to be part of a community online monthly support group hosted by LOV Yoga.
  - Intake Form & Assessment
    - Each client agrees to complete the intake form. The yoga therapy process is designed to co-create a wellness plan that aligns with the client's goals, physical limitations, side effects, concerns, hopes and dreams. It is 4 pages long (6 pages if seeking grief support services).

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**Name**

**Date**

**Email Address**

**Phone #**

**Diagnosis**

**Summary of Current Treatment & Date of Last Treatment**

**Why are you applying for yoga therapy services?**

**What are you hoping to work on during these sessions?**

**What challenges are you currently experiencing?**

**What monetary contribution are you able to provide (price per session)?**

**What else would you like us to know?**

**Please Sign** \_\_\_\_\_

*I have read and agree to the requirements listed on page 1*